

Avon North 7th Grade Boys Basketball
2019-2020

Coach Falk
Coach Mel

cafalk@avon-schools.org
544-5500 X 5627

Use Remind App if you
need an immediate response

Basketball Rules/Expectations:

1. Stay out of trouble! The team counts on you What you do both in and out of class effects everyone!
 - a. Conduct detrimental to the team will not be tolerated and may result in being kicked off
2. Missing practices (unexcused) the day before a game may result in not playing
 - a. If you are not going to be at practice, you must tell the coach
3. Please try and schedule doctor's appointments around practice
4. Be on time and ready to go
 - a. Practice will begin at 2 45pm and end at 4:45pm (these are CLOSED practices to parents)
 - b. If there are any changes, they will be posted to the website and sent out on Remind
5. **Grades are most important...athletes must be passing all classes**
 - a. **Grade check throughout season**
 - i. **Will be placed on probation if there are any F's – players can practice only**
6. Work hard, stay focused, have fun
7. All players ride bus to and from away games
 - a. You may ride home with a parent only if you have signed out with a coach!
8. Dress code
 - a. Away games: dress nicely
 - b. Home games. shooting shirt/ jeans/shorts
9. Be responsible
 - a. At away games, we are their guest
10. Be a teammate...help each other out. It is important that we play as a team and not as an individual
11. Playing time will NOT be fair - direct result from the effort that is put forth in practice.
 - a. Give your best effort every time you step foot out on the court regardless of amount of time played.
12. Fees – \$80 if athlete has participated in Fall sport, \$105 if basketball is their first sport
13. Line of communication
 - a. Player to coach – have each player be an advocate for themselves
 - b. Parent to coach
 - c. Player/parent to coach
 - d. Parent to Athletic Director
14. **Parents – you will not always agree with me**

Parent Expectations

1. Be supportive Criticize softly and encourage loudly
2. Be a listener instead of a lecturer
3. Please do not try and help coach your son during the games
4. If you disagree, please do not approach the coach after the game
5. Parent volunteers at games (**videotaping and book keeping**)