

The 4 Smooth Speech Tools

1. Keep your voice box turned on. For example, you can turn an "F" into a little "V."
2. Slide in easy to your words. Don't punch in!
3. Stretch your sounds. Don't pop short!
4. When you feel your lips, tongue or voice box get tight, make it go loose!

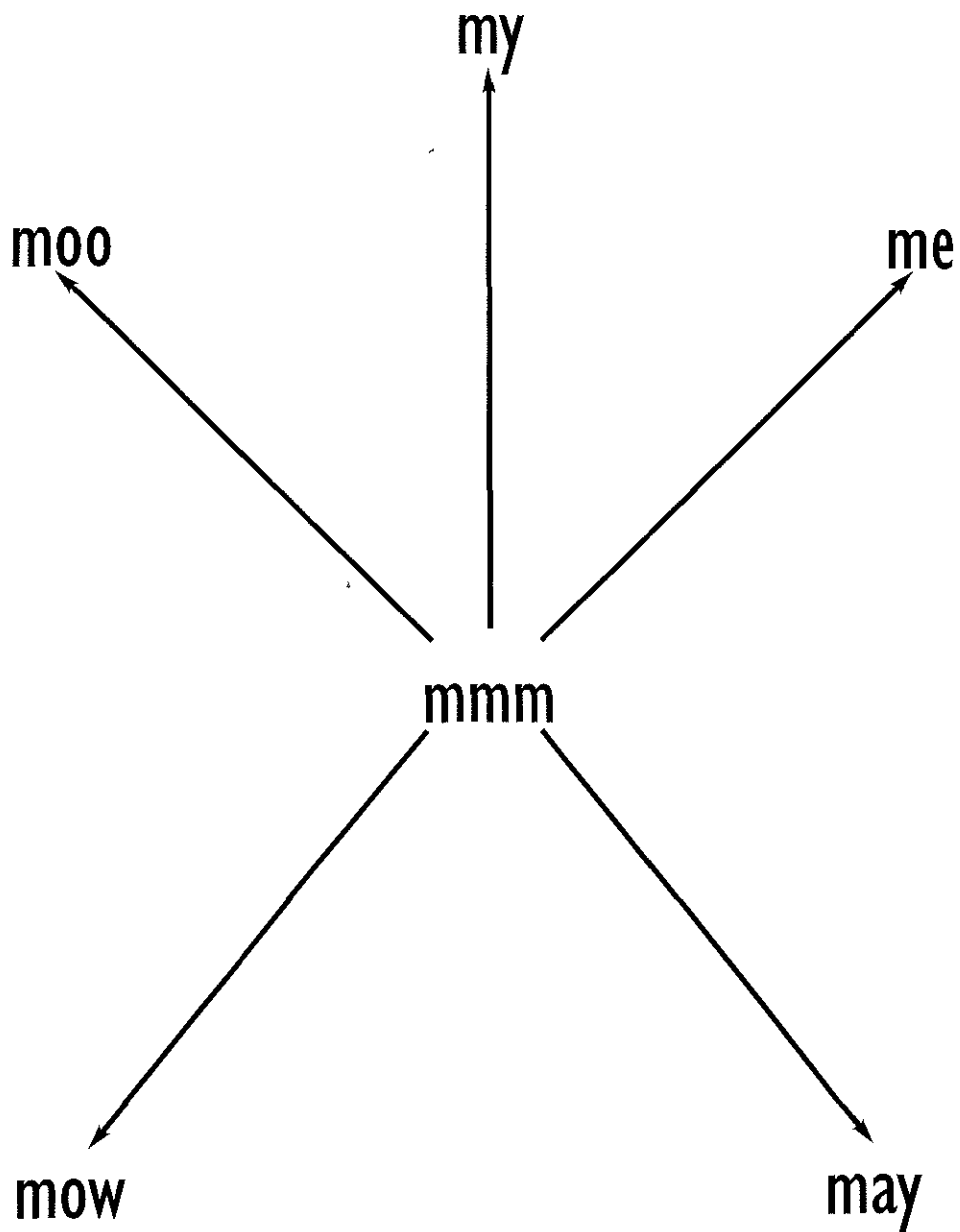
Always remember:

* No one has perfect speech. Everyone gets bumpy speech sometimes, even teachers, doctors, Moms and Dads!

* If you need a moment to use one of your smooth speech tools, tell the listener you need a second. Pick your words first, then talk. It's easier to use your smooth speech tools this way😊.

Exercise 1

Prolong the /m/ sound in the center for 2 seconds and then shift, without stopping voicing, to a vowel sound on the outside of the diagram. Feel the vibration in your lips and your teeth.



Exercise 2

Prolong the /m/ sound for 2 seconds before shifting to a word on the right. Don't stop your voicing or your air flow. Feel the vibration in your lips and your teeth.

