I need help for my child.
Has your child harmed or threatened to harm themselves or others? Is your child out of control? Are you unable to safely care for your child?

I answered **YES** to at least one of the questions above and/or my child appears to be experiencing a mental health crisis.

**CONTACT 24/7 CRISIS INTERVENTION**
National Suicide Prevention Hotline: 1-800-273-TALK
Suicide Hotline: 1-800-SUICIDE
Text Line: text HELP211 to 20121
Information & Referral: Call 211
Medical Emergency/Law Enforcement: Call 911
Poison Control: 1-800-222-1222
Fairbanks Addiction Treatment Center: 317-572-9396

If your child already has a counselor/therapist, follow established crisis plan and/or contact counselor/therapist.

I answered **NO** to all of the questions above. I am concerned about my child’s mental health, but it is not an emergency.

If your child has a physician or counselor, contact those resources. They may be able to assist with a referral.

Check to see if your employer has an Employee Assistance Program (EAP) or resources may be found through your church.

I do **NOT** have health insurance.

**COMMUNITY MENTAL HEALTH PROVIDERS** if you do NOT have insurance
Providers located within Hendricks County
Hope Healthcare Services
317-727-0708

Providers located outside of Hendricks County
Healthnet Community Health
317-957-2500
Jane Pauly Community Health
317-381-5252

**COMMUNITY MENTAL HEALTH PROVIDERS**
Providers located within Hendricks County:
https://www.hendrickshealthpartnership.org/mental-health-and-counseling.html

Providers located outside of Hendricks County:
Community Health Hospital - Behavioral Center
800-273-8255 Crisis Line 317-621-5700
Families First
317-251-7575 Crisis Line or Text CSIS to 839863
Indiana University Health Methodist Hospital - Behavioral Health
317-329-7313
Reach for Youth
317-920-5900
Riley Hospital for Children (IU Health) - Child & Adolescent Psychiatry
317-944-8162
St. Vincent Stress Center
317-338-4800

**FOR MORE EXTENSIVE REFERRAL INFORMATION**
Mental Health America - Hendricks County
http://mhahs.com/
Connect2Help: Contact 211
www.connect2help211.org

School-based services may also be an option. Please consider signing a release of information to make sure all providers are aware of any concerns and/or referrals.