

2019 Avon Youth



Volleyball Camp

June 10th-13th

The **2019 Avon Youth Volleyball Camp** will be directed by head varsity coach, Amie Sherrod and veteran staff. All 3 coaches returning to the Avon program were a part of the 2018 State Runner-up volleyball team. Coach Sherrod has 7 years head coaching experience at the high school level and has coached at the club level for 20 years. In addition, she played collegiately at The University of Memphis. This staff is ready for a fun, competitive camp designed to help every athlete grow in the game of volleyball. We will be focusing on the fundamentals of volleyball and pushing our advanced campers in the knowledge of volleyball as well.

REGISTRATION: Please register online through the Avon High School Volleyball web page at www.avon-schools.org. Choose the appropriate camp session for the grade level your student will be in for the 2019-2020 school year.

Session 1: 2nd-4th grade M-Thurs 9:00-10:30

Session 2: 5th-8th grade M-Thurs 11:00-1:00

Please make checks payable to Avon HS Volleyball and submit payment on the first day of camp. Fee will include a t-shirt and instruction on the following:

- ❖ Setting
- ❖ Hitting
- ❖ Team defense
- ❖ Game play
- ❖ Skill Footwork
- ❖ Blocking
- ❖ Serving
- ❖ Serve Receive

“Our coaching staff is really excited to have students from our community join us in learning the game we all love and are passionate about. If you have any questions, please email me at aghamilton@avon-schools.org.”

- Amie Sherrod

EXCELLENCE - TRADITION - PASSION