

Avon Lady Oriole Basketball

MAY 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p>*Each player MUST have a physical on file for the 2019-2020 school year in order to participate in ANY summer workouts or games.*</p>		<p>1 OPEN GYM 5:00-7:00 PM Location: Aux/FH</p>	<p>2</p>	<p>3</p>
<p>6</p>	<p>7 OPEN GYM 5:00-7:00 PM Location: Aux/FH</p>	<p>8 OPEN GYM 5:00-7:00 PM Location: Aux/FH</p>	<p>9 CONDITIONING/WEIGHTS 3:30-5:00 PM <i>Bring Running Shoes</i></p>	<p>10</p>
<p>13 CONDITIONING/WEIGHTS 3:30-5:00 PM <i>Bring Running Shoes</i></p>	<p>14</p>	<p>15 CONDITIONING/WEIGHTS 3:30-5:00 PM <i>Bring Running Shoes</i></p>	<p>16</p>	<p>17</p>
<p>20 CONDITIONING/WEIGHTS 3:30-5:00 PM <i>Bring Running Shoes</i></p>	<p>21 <u>PARENT MEETING</u> SUMMER BALL INFO LOCATION: ALC LGI TIME: 6:30-7:30 PM</p>	<p>22 CONDITIONING/WEIGHTS 3:30-5:00 PM <i>Bring Running Shoes</i></p>	<p>23</p>	<p>24</p>
<p>27 Memorial Day No School</p>	<p>28</p>	<p><i>Finals Week</i> 29 CONDITIONING/WEIGHTS 3:30-4:30 PM <i>Bring Running Shoes</i></p>	<p><i>Finals Week – Last Day!</i> 30 OPEN GYM 5:00-7:00 PM Location: Aux/FH</p>	<p>31</p>