



Central Indiana Substance Abuse Treatment Resource Guide



Public Health
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Hendricks County Health Department

The Hendricks County Health Partnership and the Hendricks County Health Department are pleased to present the Central Indiana Substance Abuse Resource Guide. Some notes about the following guide:

- If a program serves adults, this means men and women 18 years or older.
- If a program serves adolescents, this typically means ages 12-18.
- Information in this guide is subject to change. Please call the agencies to confirm information.

The Hendricks County Health Partnership neither sponsors nor endorses any agencies in this guide.

Please contact hendrickshealthpartnership@gmail.com to report any errors or changes. Also contact us if you are working in the substance abuse treatment field in Central Indiana and are not included in this list and would like to be added.

NAME	DESCRIPTION	GENDER(S) & AGE(S) SERVED	MEDICALLY ASSISTED TREATMENT AVAILABLE?	INPATIENT, OUTPATIENT, OR RESIDENTIAL SERVICES?	FAITH-BASED SERVICES?	INSURANCE & PAYMENT INFORMATION	ADDRESS & PHONE NUMBER
<u>CUMMINS BEHAVIORAL HEALTH SYSTEMS</u>	<p>Cummins Behavioral Health Systems, Inc. has a variety of substance abuse treatment options. After an initial intake is completed and substance use is assessed, individual services may be recommended as well as group services. Individual services for substance abuse treatment are tailored to meet individual needs. Cummins also offers a Relapse Prevention Group. As of Fall 2016, the Cummins Hendricks Office is adding an intensive outpatient treatment program, which will last approximately 12 weeks.</p> <p>Additionally, as of Fall 2016, the Hendricks Cummins team added an adolescent school based substance use treatment program.</p>	<p>Adult Men and Women Adolescents</p>	<p>Yes</p>	<p>Outpatient</p>	<p>No</p>	<p>Medicaid, Medicare, DCS, and most private insurance. Self pay sliding scale option for those without insurance.</p>	<p>6655 East US Highway 36, Avon, IN 46123 (888) 714-1927</p>
<u>FAIRBANKS</u>	<p>Fairbanks focuses solely on treating substance abuse and has a program for each stage of recovery. Fairbanks offers a comprehensive inpatient detoxification program, a residential living program in one of their monitored apartments, options for 30 days stays at one of their gender specific lodges, an outpatient 16 week long program, and a recovered addict support group.</p>	<p>Adult Men and Women Adolescents</p>	<p>Yes</p>	<p>Inpatient Outpatient Residential</p>	<p>No</p>	<p>All major insurances accepted except for Medicaid for ages 24-65.</p>	<p>6100 Clarks Creek Rd, Suite 102 Plainfield, IN 46168 (Outpatient services only) (317) 806-7522 -OR- 8102 Clearvista Parkway Indianapolis, IN 46256 Fairbanks Access Center: (317) 572-9396</p>

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<u>THE HAMILTON CENTER, INC.</u>	<p>The Hamilton Center, Inc. provides an array of services for individuals, groups, and families struggling with addiction problems:</p> <ul style="list-style-type: none"> • Evaluation/consultation • Outpatient services • Inpatient/detoxification treatment • Intensive outpatient services (IOP) • 24-hour crisis intervention services • Case management services 	<p>Adult Men and Women</p> <p>Adolescents</p> <p>Children</p>	No	Inpatient and outpatient	No	Private insurance, Medicaid, Medicare, and other managed care plans accepted. Indiana residents may be eligible for fee adjustments for certain services based on family size, income, and clinical diagnosis.	<p>Multiple locations around central and west central Indiana including Plainfield and Indianapolis</p> <p>(800) 742-0787</p>
<u>THE WILLOW CENTER</u>	<p>The Willow Treatment and Recovery Center is an outpatient substance abuse provider and counseling center located in Brownsburg. The center develops an individualized treatment approach for each of their clients that best fits their needs. The Willow Center offers a wide range of services which include, substance abuse counseling, mental health counseling, marriage counseling, family counseling, acupuncture, anger control and domestic violence counseling. The Willow Center is also a Recovery Works provider.</p>	<p>Adult Men and Women</p> <p>Adolescents</p> <p>Children</p>	No, but will provide supplemental counseling to those in medical assisted treatment	Outpatient	No	Anthem, UBH & IU are accepted. Self pay sliding scale option for those without insurance.	<p>515 N Green St #402, Brownsburg, IN 46112</p> <p>(317) 852-3690</p>

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<u>HIGHER GROUND ADDICTION RECOVERY PROGRAM</u>	The Higher Ground Addiction Recovery Program is a transitional, residential program for women struggling with substance abuse. It begins highly structured and freedoms increase as the program continues, through a minimum of eight total months. Curriculum includes recovery classes and group and individual counseling. Life skills classes are offered in anger management, financial management, and healthy relationships. Individual mental health counseling is also available.	Women	No	Residential	No	Free program, but participants must pay \$200 material fee.	3208 E. Michigan St., Indianapolis, IN 46201 (317) 687-3630
<u>ADDICTION RECOVERY ORIENTATION PROGRAM FOR MEN</u>	The Addiction Recovery Orientation Program for Men begins with a faith based Orientation Program. During this 4-6-week program, assessments are completed to gauge readiness for change. Legal, medical and other needs are assessed for stabilization. During this time, men will learn to work, relate to others in the program, and attend biblical teaching classes. After this 4-6-week Orientation Program, men may enroll as students in the 6-month Addiction Recovery and Discipleship Training Program at their Training Center at Camp Hunt.	Adult Men	No	Residential program	Yes	Call for details.	245 N. Delaware St., Indianapolis, IN 46204 (317) 636-2720

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<u>MIDTOWN MENTAL HEALTH CENTER</u>	Eskenazi Health Midtown Community Mental Health provides comprehensive inpatient and outpatient services for all types of emotional and behavioral problems, including severe mental illness and substance abuse. Eskenazi Health Midtown offers both inpatient and outpatient services, including several outreach centers. Eskenazi Health Midtown accepts all ages, from children to seniors.	Adult Men and Women Adolescents Children	Yes	Inpatient and outpatient	No	Medicare, Medicaid, and HIPP are accepted. Self pay sliding scale option for those without insurance.	Multiple locations in Indianapolis (317) 880-8491
<u>KOLBE CENTER</u>	Faith based addiction services including the full spectrum of medical services including detoxification and medication assisted treatment. The Kolbe Center also provides individual, group and family addiction focused counseling.	Adult Men and Women Adolescents	Yes	Outpatient	Yes	Most major insurances, except Medicaid and Medicare. Self pay option available if no insurance.	1803 Broad Ripple Ave, Indianapolis, IN 46220 (317) 726-0777
<u>EMBERWOOD CENTER</u>	EmberWood Center offers adult and adolescent outpatient drug, alcohol, and gambling treatment and positive youth-development services designed to prevent substance abuse.	Adult Men and Women Adolescents	No, but will make referrals as needed	Outpatient	No	Accepts Medicaid, HIPP, and some forms of Anthem. Self pay sliding scale option for those without insurance. Also has grant to help pay for services for uninsured adolescent clients.	1431 N Delaware St, Indianapolis, IN 46202 (317) 536-7100

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<u>AMETHYST HOUSE</u>	A United Way agency that provides residential and outpatient services for people with drug and alcohol addiction. Provides transitional housing and supportive services for women and men ages 18 and older. Residents are required to secure a job and become financially secure, attend the Outpatient Treatment Program, and attend AA or NA meetings. Residents receive weekly case management and learn life skills while in the program. A potential client needs to be sober for a minimum of two weeks before coming into the house as they do not provide detoxification services.	Adult Men and Women	No	Outpatient and residential	No	Currently accepting Anthem, MDwise, Medicaid, HIPP, Anthem Blue Cross, Blue Shield, Cook Medical, Encore Health Network, SIHO Insurance Services, and Value Options. Self pay sliding scale option for those without insurance.	645 N. Walnut, Bloomington, IN 47404 (812) 336-3570
<u>SALVATION ARMY HARBOR LIGHT</u>	Salvation Army Harbor Light offers detox medically assisted treatment, residential treatment, transitional housing, intensive outpatient services, and faith based chaplaincy services.	Adult Men and Women	Yes	Inpatient detox Residential transitional housing Outpatient group sessions	Yes	Self pay only, sliding payment scale. Detox program deposit is a minimum of \$250.	2400 N. Tibbs Avenue Indianapolis, Indiana 46222 (317) 972-1450
<u>INDIANAPOLIS TREATMENT CENTER</u>	The Indianapolis Treatment Center focuses on medically assisted treatment. In order to help patients achieve optimal recovery; the center also offers group and individual therapy in conjunction with the medical treatment.	Adult Men and Women	Yes	Outpatient	No	Most private insurance, but does not accept Medicare/ Medicaid.	2626 E 46th St Indianapolis, IN 46205 (855) 341- 8687

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<u>VALLE VISTA HOSPITAL</u>	Valle Vista offers a full continuum of care including day or evening outpatient services, intensive outpatient services, partial hospitalization, residential treatment and acute inpatient services. Valle Vista also has a pharmacy on site for needed medical assisted treatment. Always offers free initial assessments.	Adult Men and Women Adolescents Children	Yes	Inpatient Outpatient Residential	No	Most commercial insurances accepted, including Medicare and Medicaid.	898 E Main St, Greenwood, IN 46143 (800) 447-1348
<u>ST. VINCENT STRESS CENTER</u>	Addiction services include: <ul style="list-style-type: none">• Inpatient detoxification• Inpatient dual disorders (psychiatric and addiction)• Psychiatric and addiction• Partial hospitalization• Intensive outpatient programs• Outpatient therapy groups	Adult Men and Women Ages 6+	Yes	Emphasis on inpatient	No	Most commercial insurances accepted, including Medicare and Medicaid. If no insurance, can apply for Charity Care program.	8401 Harcourt Rd, Indianapolis, IN 46260 (317) 338-4800
<u>OPTIONS BEHAVIORAL HEALTH</u>	Options seeks to help people struggling with mental, behavioral, psychiatric disorders and/or certain co-occurring substance abuse issues. The center offers adolescent inpatient and residential programs for those 11-18 years old and also offers adult inpatient treatment for those 18-64.	Men and Women Adolescents	No	Inpatient and residential	No	Most major providers accepted including, Anthem BC/BS, Hoosier Healthwise, Medicare, Tricare, and United Healthcare.	5602 Caito Dr, Indianapolis, IN 46226 (800) 431-1114

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CENTERSTONE'S RECOVERY ENGAGEMENT CENTER	Centerstone offers 24-hour crisis services, outpatient counseling, group, individual, couple and family counseling, substance abuse and addiction disorder treatment. Some locations have programs specifically for veterans and military personnel. Centerstone serves many south central and eastern Indiana counties. Please visit their website to see which location is near you: https://centerstone.org/locations/Indiana	Men and Women Adolescents	Yes, at Columbus and Bloomington locations	Varies on location	No	Accepts most major insurance providers, including Medicare and Medicaid.	Multiple locations in south central and eastern IN, see website (812) 337-2424
LIFE RECOVERY CENTER	Life Recovery Center is an Outpatient facility specializing in the treatment of substance abuse, mental health, problem gambling, domestic violence, and related issues. There are four centers in Indianapolis. For a location near you, please visit: http://www.liferecoverycenterindiana.com/locations .	Men and Women	No, will help patients find a doctor to prescribe if needed	Outpatient	No	Most commercial insurances accepted. Self pay sliding scale option for those without insurance.	Four locations in Indianapolis, see website (317) 887-3290
PATHWAY TO RECOVERY	This residential program is open to people who are homeless and struggling with substance abuse of various kinds.	Men and Women	No	Residential	No	Requires participants to contribute to rent, cost varies on location and phase of recovery.	2135 N Alabama St, Indianapolis, IN 46202 (317) 926-8557

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<u>PROGRESS HOUSE</u>	The Progress House provides transitional housing, counseling, and a sober living environment for men who struggle with addition but seek help to develop and maintain a responsible, productive, and health lifestyle.The program provides integrated Recovery Coaching, incorporates the 12-Step Model, provides job coaching, and mentorship programs all in a safe, sober environment. Length of stay is typically 90 days- 1 year.	Men	No	Residential	No	Men must work and pay \$185.00 rent each week. Rent covers room and three meals per day. Not all men are employed when entering Progress House, but they must be actively seeking work and should secure a job within two weeks of their initial residency.	201 Shelby St, Indianapolis, IN 46202 (317) 225-4634
<u>DOVE RECOVERY HOUSE</u>	Dove House offers transitional housing to women in recovery from substance abuse. All women, regardless of income, can be a part of Dove House. Core components of the program include: <ul style="list-style-type: none"> • Safe and Affordable Housing • Intensive Case Management • Mental Health and Substance Abuse Treatment • Access to Domestic Violence Services • Supportive Services • Relapse Prevention Counseling • Family Reunification Services • Employment Placement • Daily Living Skills Coaching • Financial Management 	Women only	Yes, Vivitrol only	Residential	No	There is no fee for the program. Women in the program are required to hold a job and contribute 30% of their income to the house's rent.	14 N Highland Ave, Indianapolis, IN 46202 (317) 964-0450

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RICHARD L. ROUEBUSH VA MEDICAL CENTER	The VAMC and VA community clinics offer treatment for veterans whose use of alcohol or drugs have caused distress or impairment on their health, work, relationships, or family.	Adult Men and Women (Veterans Only)	Yes (Suboxone and Methadone)	Outpatient	No	Co-payments are due upon checking out and are based on guidelines set by the U.S. Department of Veteran Affairs. Unpaid balances will be billed to private insurance. Additional information is available online at http://www.indianapolis.va.gov/patients/billing.asp .	VAMC Walk-In Clinic, D Wing, Room D5029 1481 W. 10 th St. Indianapolis, IN 46202 (317) 988-2721 (317) 988-4284
SEEDS OF HOPE	Seeds of Hope is a recovery program for women 18 and older. The residential program includes 12 step meetings, life skill and job training, and relapse prevention.	Adult Women	Call for details.	Residential	Yes	The cost is \$105 per week. This includes all meals and program fees. (There is also a \$100 intake fee required, as well as a \$20 drug screen charge).	1425 S Mickley Ave, Indianapolis, IN 46241 (317) 244-0420
HICKORY HOUSE RECOVERY	Hickory House is a 15 bed, all suite facility offering addiction treatment for alcohol, opioids methamphetamine, stimulants, and more. Co-occurring treatment also available for addressing mental health needs. Stays range from 7-90 days as determined by an assessment of treatment needs. Hickory House also offers a Partial Hospitalization Program, a step down extension to residential treatment.	Adult Men and Women	Yes	Residential Partial Hospitalization Program Intensive Outpatient Program	No	Most commercial insurances accepted, along with Medicare. Private pay based on a sliding scale is also accepted and determined by treatment requirements and length of stay.	5486 W US Highway 40, Greenfield, IN 46140 (317)434-5375

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CLEANSLATE	<p>CleanSlate is a national medical group that provides medication assisted treatment (MAT) for the chronic disease of addiction, specializing in opioid and alcohol use disorders. CleanSlate also offers addiction treatment options for other substances such as cocaine and tobacco.</p> <p>Two new Indianapolis locations will be opening the week of December 4, 2017.</p>	<p>Adult Men and Women</p>	<p>Yes</p>	<p>Outpatient</p>	<p>No</p>	<p>Most commercial insurances accepted, including Medicare and Medicaid.</p>	<p>9660 E. Washington Street Suite 300 Indianapolis, Indiana 46229</p> <p>(413) 341-1787 or 833-505-HOPE</p> <p>-OR-</p> <p>1725 N. Meridian Street Indianapolis, Indiana 46202</p> <p>(413) 341-1787 or 833-505-HOPE</p>

ADDITIONAL SUBSTANCE ABUSE TREATMENT AND SUPPORT SERVICES

NAME	DESCRIPTION	CONTACT INFORMATION
TRICARE NORTH FOR BENEFICIARIES	TRICARE may cover services for substance abuse treatment, including detoxification, rehabilitation, outpatient group therapy, and family therapy, when determined to be medically or psychologically necessary. Visit their website for more information about benefits and provider directory.	Behavioral Health Provider Locator – 1 (877) 874-2273 https://www.hnfs.com/content/hnfs/home/tn/bene.html
INDIANA YOUTH GROUP MENTAL HEALTH RESOURCES	The Indiana Youth Group provides a list of LGBTQ-affirming therapists serving Indianapolis and central Indiana.	Indiana Youth Group 2943 E. 46 th St. Indianapolis, IN 46205 (317) 541-8726 http://www.indianayouthgroup.org/files/file/therapists-indianapolis.pdf http://www.indianayouthgroup.org/healthcare-resources
OUTCARE'S OUTLIST	The OutList provides a list of local healthcare providers that provide culturally competent care to the LGBTQ population.	http://www.outcarehealth.org/outlist/
MENTAL HEALTH AMERICA HENDRICKS COUNTY	<p>Mental Health America of Hendricks County (MHahc) promotes mental wellness in the community through information and referral, education, individual advocacy, and support – linking those in need with appropriate mental health services in a caring, compassionate, culturally competent, and confidential manner.</p> <p>They also maintain a list of current care providers, groups, and programs for all ages in the Hendricks County area. This comprehensive list can be found on their website.</p>	75 Queensway Drive, Avon, IN 46123 317-272-0027 http://mhahc.com/
OptIN	Opt IN's website provides an interactive map where viewers can locate entities that distribute Naloxone. The site also has a training video for how to use Narcan.	https://optin.in.gov/
PARENTS OF ADDICTED LOVED ONES SUPPORT GROUP	Parents of Addicted Loved Ones provides hope and support through addiction education and support groups for parents dealing with an addicted loved one.	For Indiana support groups visit: http://palgroup.org/find-a-meeting/indiana-pal-meetings/

<u>211 Connect2Help</u>	<p>Connect2Help maintains information about community social service providers with their extensive database of local and statewide resources. They provide clients more than phone numbers, also offering eligibility information, what to expect and information on what documentation is necessary when applying for help. This extensive database of community social services provided by nonprofit, governmental and faith-based organizations is available in its entirety on their website for individual search. Additionally, Connect2Help also provides extensive downloadable catalogs (The Rainbow Book™ series) of services offered to residents, within the counties they serve, for use by individuals, case managers or first responders.</p>	<p>Dial 211</p> <p><u>http://www.connect2help211.org/</u></p>
<u>NAR- ANON SUPPORT GROUPS</u>	<p>The Nar-Anon Family Groups are a worldwide fellowship for those affected by someone else's addiction. As a twelve step program, they offer help through sharing experiences, strength, and hope.</p>	<p><u>http://www.nar-anon.org/</u></p>