

PE Waiver Process 2020-21:

A student using the credit flexibility option must meet the academic standards of PE 1 or 2 by the following:

1. Completing and actively participating in the entire season for the sport or activity.
2. ~~By not having any disciplinary suspensions from the sport or activity~~

3. Completing the Schoology coursework to provide students with opportunities to actively participate in at least four of the following: team sports; dual sport activities, individual physical activities; outdoor pursuits; self-defense and martial arts; aquatics; gymnastics; and dance. (Per Indiana Department of Education. ([Flexibility in Physical Education Guidance](#) from Indiana Department of Education))

PLEASE NOTE: Beginning with the class of 2023, the same sport can only be used once to earn either a PE I or PE II credit. A student may earn an additional PE I or II credit by completing a different sport or activity (i.e. PE I credit earned through football and PE II credit earned through baseball).

The following activities are considered Avon High School approved extra-curricular activities:

<u>Fall Semester</u>	<u>Winter/Spring Semester</u>
Cross Country	Baseball
Cheerleading (must complete fall and winter)	Basketball
Football	Competitive Show Choir (Accents & Attraction)
Golf (girls)	Dance Team
Marching Band	Golf (boys)
Soccer	Softball
Tennis (boys)	Swimming & Diving
Volleyball	Tennis (girls)
	Track & Field
	Wrestling
	Winter Drum Line
	Winter Wind Ensemble
	Winter Guard

At the beginning of each season, your coach and/or instructor will distribute waiver information. A link will be sent out via parent square to all AHS families in order to apply for the PE 1 or PE 2 credit. By filling out the link, your child will be placed in a PowerSchool course to waive out of the PE 1 or 2 credit. A PE teacher will contact the student via Schoology to complete activities to meet the flexibility in physical education guidance. The student will be provided a grade based on their experience for the PE 1 or 2 waiver course.