

## COUNSELING RESOURCE LIST

Agency Phone #/Website	COUNSELING							MISC. INFORMATION		
	Child/ Teens	Family	Learning/ Developmental Disabilities	Substance Abuse	Divorce	Grief	Eating Disorder	Parent Class	Weekend/ PM hours	Sliding Scale
Al-Anon/Alateen 317.257.2693 <a href="http://www.indiana-al-anon.org/">http://www.indiana-al-anon.org/</a>	Y	Y		Y Support Group					Y	FREE
Alcoholics Anonymous 317.632.7864	Y			Y Support Group					Y	FREE
Autism Family Resource Center Easter Seals Crossroads 317.466.1000 <a href="http://www.eastersealscrossroads.org/FAMILY-RESOURCE-CENTER">http://www.eastersealscrossroads.org/FAMILY-RESOURCE-CENTER</a>										
Brooke's Place 317.705.9650 <a href="http://www.brookesplace.org">www.brookesplace.org</a>	Y	Y				Y		Y	Y	FREE
Buchanan Pastoral Counseling 317.962.8613 800.297.8370	Y	Y	Y		Y	Y				Y
Chapel Hill Center for Brief Therapy Dennis Bumgarner 317.271.8700 <a href="http://www.behavior-coach.com">www.behavior-coach.com</a>	Y	Y	Developmental disabilities Y		Y	Y	Y	Y	Y	
Children's Bureau, Inc. 317.745.6496 <a href="http://www.childrensbureau.org">www.childrensbureau.org</a>	Y									
Child & Adolescent Behavioral Health @ Methodist Hospital 317.639.HELP or 317.962.2622 (Has a program for school anxiety)	Y	Y		Y	Y	Y		Y	Y	

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Children's Resource Group 317.575.9111 <a href="http://www.childrensresourcegroup.com">www.childrensresourcegroup.com</a>	Y	Y	Y						Y	
Community North Hospital: Gallahue Behavioral Health Care *For questions about available treatment options, call the Gallahue Access line at 1.866.621.5719 *For 24-hour crisis referral, call 1.317.621.5700 <a href="http://www.ecommunity.com/s/behavioral-health/mental-health-disorders-treatment">http://www.ecommunity.com/s/behavioral-health/mental-health-disorders-treatment</a>	Y	Y		Y		Y	Y	Y	Y	
Connect2Help 2-1-1 <a href="http://www.connect2help.org">www.connect2help.org</a>  Services are free and confidential and they help Hoosiers get information about food, housing, health care, employment, support groups, parenting, counseling, education, clothing, shelter, volunteering, legal aid, and more. Their highly trained staff can assist whether someone is just seeking information or in the midst of a crisis.	Y	Y	Y	Y	Y	Y	Y	Y	Y	FREE

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Fairbanks Addiction Treatment Center 317.849.8222 <a href="http://www.fairbanks.cd.org/">www.fairbanks.cd.org/</a>	Y	Y		Y				Y Support Group	Y	Financial Assistance
Hamilton Center, Inc. 317.837.9719 <a href="http://www.hamiltoncenter.org">www.hamiltoncenter.org</a>	Y	Y	Y	Y	Y	Y	Y		Y	Y
Hendricks Therapy 317.718.8436 <a href="http://www.hendrickstherapy.com">www.hendrickstherapy.com</a>	Y	Y	Y		Y	Y	Y			
Inter-Act 317.708.0605 <i>*Adult Group Services:</i> Helps client learn more about the cycle of violence, the effects of family violence on children, developing healthy coping skills, developing support systems, and protecting yourself and your children. Each group session lasts one hour, followed by a one-hour domestic violence support group. Most groups are led by a survivor of domestic violence. <i>*Children's Services:</i> While a client attends the sessions, group activities are provided for children. The groups will be adapted to the age of the children and will focus on helping them express their feeling and learn positive coping skills. <i>*Case Management:</i> Helps client with things such as apply for Medicaid, welfare, or food stamps, looking for employment, or finding childcare. <i>**Transportation</i> is available. These programs are free of charge.	Y	Y						Y		FREE
Dr. Jason A. Warner Marriage and Family Counseling 317.838.0242 6655 E. US HWY 36, Avon	Y	Y			Y	Y				
Life Centers (Avon Pregnancy Center) 317.280.2635/ <a href="http://www.lifecenters.com">www.lifecenters.com</a>	Y	Y				Y			Y	FREE
Mental Health America of Hendricks County 317.272.0027 <a href="http://www.mhahc.com/">http://www.mhahc.com/</a>	Y Support Group	Y Support Group			Y Support Group	Y Support Group	Y Support Group	Y Support Group	Y Support Group	FREE

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Narcotics Anonymous 317.875.8549 <a href="http://www.naindiana.org/">http://www.naindiana.org/</a>	Y	Y		Y Support Group					Y	FREE
New Day for Families of Divorce 317.252.5518 <a href="http://newdayindy.org/">http://newdayindy.org/</a>	Y	Y			Y Support Group			Y	Y	FREE
New Perspectives of Indiana, Inc. Seven Chances to Change Your Life 317.465.9688	Y			Y Support Group				Y Support Group		
Penrod Counseling Center 317.272.5247 <a href="http://www.penrodcc.com">www.penrodcc.com</a>	Y	Y		Y PRime For Life class	Y	Y	Y Assess	Y	Y	Y
Roger Outcalt Counseling Service 317.402.2881 <a href="http://www.rogeroutcaltcounselingservice.net">www.rogeroutcaltcounselingservice.net</a>	Y	Y		Y	Y	Y Workshops offered			Y	
Sheltering Wings 317.745.1496 <a href="http://www.shelteringwings.org">www.shelteringwings.org</a> 24-hour safe housing for victims of domestic violence and their dependents								Y	Y	FREE Sliding Scale
St. Vincent's Stress Center 317.338.4600 <a href="http://www.stvincent.org/St-Vincent-Indianapolis/Medical-Services/Mental-Health.aspx">http://www.stvincent.org/St-Vincent-Indianapolis/Medical-Services/Mental-Health.aspx</a>	Y	Y		Y	Y	Y	Y		Y	
Sudsberry & Associates 317.272.8138 <a href="http://www.sacc.com/index.php">www.sacc.com/index.php</a>	Y	Y	Y	Y	Y	Y	Y		Y	
Valle Vista Health System 800.447.1348 <a href="http://www.vallevistahospital.com">www.vallevistahospital.com</a>	Y			Y		Y		Y	Y	

