



Get Some Fresh Air!

Social distancing doesn't mean you have to be stuck indoors! If the weather permits and you have a yard or uncrowded outdoor space to take advantage of, get outside and try these activities to support communication.

Core Vocabulary

Go out  

Want play  

You come  

Do it  

Work in these phrases and requests!

Want turn



There are lots of things to see and talk about outside! Describing

- **Play a game of I Spy!** Describe things based on their color, shape, actions, or category.
- **Look up at the sky!** Can you find any clouds that look like something else?
- **Have a chat and describe the differences outside between winter and spring.** Temperature, smells, sights, animals...



Language Moments

Quick ways to make language part of play!

- **Swings**-ask for help/push
- **Bikes/Scooters**-practicing following directions for STOP, GO, LEFT, RIGHT, etc.
- **Taking a walk**-describe or comment on what you see
- **Chalk**-request for colors or help drawing

Social distancing doesn't mean social skills can't be targeted with family! Social Skills

- **Turn Taking:** model appropriate turn taking for your children by engaging *with* them during games/activities outside.
- **Personal Space:** always a great topic for discussion, but a quick walk through the neighborhood is a unique opportunity to demonstrate appropriate social distancing