

**Baby Think It Over
Alternative Project Rubric**

Name: _____

Date: _____

Alternative Choices: (100 points total)

- ❖ **Newborn Care Paper**
 - 5 pages typed covering 8 topics
- OR**
- ❖ **Child Care Experience**
 - 8 hours
 - Reflection paper

Written Assignments: (150 points)

1. _____ Car seat safety quiz (10 points)
2. _____ SIDS Worksheet (10 points)
3. _____ Abusive Head Trauma/Shaken Baby Questions (10 points)
4. _____ FAS questions (10 points)
5. _____ Cost of feeding an infant (10 points)
6. _____ Feeding Quiz (10 points)
7. _____ Prenatal and Infant Development Quiz (5 points)
8. _____ Magazine Article (10 points)
9. _____ Adoption Activity (25 points)
10. _____ Baby Layette Project (50 points)

Total Score includes:

- 100 points for Paper or Child Care Experience
- 100 points for worksheets and article assignments
- 50 points for Layette Project

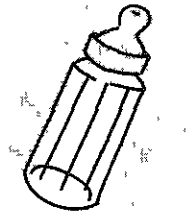
Information to answer written assignments can be found on the Avon Child Development Website under Baby Think It Over Resource Folder.

Baby Think It Over
Alternative Project Part 2

- I. Magazine Article **10 points**
 - a. Locate one article relating to any of the following:
 - i. Teen Pregnancy
 - ii. Teens and STD's
 - b. Read the article
 - c. You will turn in
 - i. Summary of article
 - ii. Include bibliographic information
 - iii. Include a copy of the article
 - iv. Describe how this article is of importance to teenagers

- II. Read the article: "The Adoption Process" **25 points**
 - a. Contact an adoption agency or social service agency in Indiana
 - b. Interview someone from the agency
 - i. Ask about their services
 - ii. Types of adoptions
 - iii. What advice they could recommend to a pregnant, confused teen girl
 - iv. Any other pertinent information and/or advice
 - v. Include the name of the person you interviewed as well as the agency

- III. Layette Project
 - a. You are to include the name of the item, the store where purchased and the price.
If you are purchasing several of one items, you will total **50 points**



Parenting
Newborn Care Paper
Alternate Real Care Baby Assignment
Choice #1

You will do a research paper on newborn care. This paper is to be five pages in length plus a works cited page giving a total of 6 pages. The requirements and the scoring guide should be followed in order to receive all the points for this assignment.

Requirements:

- a. Report 5 typed pages in length
- b. MLA format
- c. Works Cited Page in MLA format as the 6th page in the report
- d. 5 reliable sources used and referenced on the Works Cited Page
- e. Calibri at 11 point font is used

Topics to be included in the report:

- a. Feeding Methods and alternatives with advantages and disadvantages of each. (Breast-Feeding, Bottle-Feeding, Formula Choices, Costs)
- b. Diaper Choices and Diaper Services (Costs, Advantages and Disadvantages)
- c. Sleep Patterns in Infancy
- d. Bathing an Infant
- e. Soothing Infant Crying
- f. Newborn Physical Development (Growth, Newborn Reflexes, Motor Skills, Development in Head, Vision, Hearing, Taste and Smell, Teeth, Arms and Hands, Legs and Feet)
- g. Newborn Intellectual Development (Brain Development, Memory, How Parents encourage Language Skills)
- h. Newborn Emotional Development (How Parents promote Emotional Development)

Research Paper Scoring Guide

Advanced	Adequate	Below Basics
Required Topics		
Narrow Focus Pre-approved Covered all Required Topics 10 9 8	Wandered off Topic Covered Some Required Topics 7 6 5	Not approved Topic Covered Few Required Topics Vague Purpose 4 3 2 1 0
Content		
Topics are Thoroughly Covered Points are Clear and Understandable 10 9 8	Confusion with Some Topics Repetitive Topics are Covered Briefly 7 6 5	Fragmented Topics Paper is Short Leaps in Logic 4 3 2 1 0
Organization		
Introduction, Body, and Conclusion Paragraphs Used Transition Sentences Clear Accurate Summary of Topic in Concluding Paragraph 10 9 8	No Paragraphs Repetitive Lacks Order No Transition Sentences Short Summary Paragraph Leaps in Logic 7 6 5	No Logical Order to Topics Covered Difficult to Read No Logic in Concluding Paragraph No Concluding Wrap-up Paragraph 4 3 2 1 0
Conventions		
Few Grammatical Errors Consistent Verb Tense 10 9 8	Several Grammatical Errors Mixed Verb Tense 7 6 5	Many Grammatical Errors No Consistent Verb Tense 4 3 2 1 0
Word Choice		
Precise Language Varied Terms No Slang Professional Language 10 9 8	General Statements Redundant Wording Slang Used in some places 7 6 5	Misleading Wording Inappropriate Terms Inappropriate Language Plagiarism=No Credit 4 3 2 1 0
Sentence Fluency		
Sentences Vary in Length Sentences Vary in Structure Natural Flow 10 9 8	Some Run-on Sentences Repetitive Sentences 7 6 5	Many Run-on Sentences Choppy Sentences 4 3 2 1 0
Voice		
Factual Perspective Objective Facts 10 9 8	Use of First Person "I" to Report Some Facts Subjective Voice 7 6 5	Use of First Person "I" to Report Subjective Voice 4 3 2 1 0

Written Presentation		
MLA Format Calibri Font 11 pt Font One Inch Margins Double Spaced Titled/Stapled 10 9 8	MLA Format not used Inaccurate Font/Margins Inaccurate Spacing No Title Not Stapled 7 6 5	Paper Short due to Inaccurate Spacing or Margins No Paper=No Credit 4 3 2 1 0
References		
Work Cited Page Attached MLA Format used 3 References Cited Accurately Quality References Used (No Wikipedia) 10 9 8	Not Enough References Cited MLA Format not used Some References are Not Quality References No Separate Works Cited Page 7 6 5	No Works Cited Page No References Listed 4 3 2 1 0
On Time		
Paper is turned in On Time 10	Paper is a Week Late 5	Paper is more than a Week Late 0

Total Points _____/100

Name _____ Date _____ Hour _____

ALTERNATIVE ASSIGNMENT
Choice #2
Rubric for RealCare Parenting Project

PROJECT	POINT VALUE	YOUR SCORE
<p style="text-align: center;">Child Care Experience</p> <p style="text-align: center;"><i>(Minimum of 8 hours babysitting a child age 5 or younger)</i></p> <p><i>This requires confirmation from child's parent in a signed note, email, or phone call that denotes who the student is watching and when This must be approved before it will count for credit</i></p> <p><i>The student is required to keep a detailed log of times, pictures, description of activities and events that occurred while babysitting</i></p>	80 points	
<p style="text-align: center;">Child Care Reflection</p> <p><i>A one-page reflection on how your life would be different if you were the parent of the child you babysat</i></p>	20 points	
TOTAL POINTS POSSIBLE		/ 100 Points

Notes:

I also need the signed sheet from your parents stating that you are NOT participating in the RealCare Baby program This then means that you have opted for the alternative assignment.

This project is due back to me by the last day babies GO OUT for your class

Child Safety Seat Quiz

1. What is everyone who rides in a vehicle required to use? _____
2. Infant car seats should be placed in the vehicle (circle all that apply):
 - a. Facing front
 - b. Semi-reclined
 - c. Facing back
 - d. Sitting straight up
3. How should the breastplate on the restraint straps rest on the infant?

4. How should the car seat handle be positioned while driving? _____
5. What objects are unsafe for an infant to play with while riding? _____
6. What is the LATCH system that is available in most automobiles today?

7. The LATCH/teether system is only for _____ - _____ child safety seats.
8. What is the recommended age that a child should be moved from a rear-facing car safety seat to a forward facing car safety seat? _____
9. Where is the safest place in the car for a child under the age of 13 to sit?

10. What is the biggest danger with leaving a child locked in a car unattended? _____

SIDS Worksheet

1 SIDS stands for S _____ I _____ D _____ S _____

2. SIDS is the leading cause of death in infants between

- a 1 week and 1 month
- b 1 month and 1 year
- c 1 month and 6 months
- d. 6 months and 1 year

3 Most SIDS deaths occur during

- a. winter and fall months
- b Summer and fall months
- c spring and summer months
- d fall and spring months

4. True False Infants born to mothers younger than 20 years old at the time of their first pregnancy are more likely to be affected by SIDS.

5 True False Infants born to mothers who **do not** smoke during pregnancy, but **do** smoke after pregnancy, still increase their infants' chance of SIDS

6 Healthy infants should be placed on their _____ to sleep

7 An infant should NOT sleep on (circle all that apply)

- a its tummy
- b Pillows
- c its back
- d fluffy blankets
- e a firm mattress
- f soft waterbed

8 Name two things the mother can do during her pregnancy to help prevent SIDS.

9 Smoking increases the risk of SIDS based on (circle all that apply)

- a each puff during pregnancy
- b each smoker in the environment
- c the number of cigarettes smoked
- d the amount of time exposed to smoke

10 How can breastfeeding help prevent SIDS?

11 Parents should be aware of how to reduce the chances of SIDS Who else should know the facts? _____

12 Why does the RealCare Baby II cry when placed its tummy for more than a few minutes?

Abusive Head Trauma

Discussion Topics

1. What does SBS stand for? S _____ B _____ S _____
2. What happens when you shake an infant?

3. What are 3 immediate consequences of shaking a baby?

4. What are 3 long term consequences of shaking a baby?

5. Is there ever a situation that makes shaking an infant okay?

6. If the mother is the person caring for the infant during the day, while the father is at work, and the father is only home in the evenings when the infant is mostly sleeping. How important is it if he cannot deal with the infant's crying?

7. Who do you think is more patient with an infant – the parent or someone who is babysitting the infant? Explain

8. Twins have a higher chance of being shaken than single infants. Why?

9. When is the best time for you and your partner to discuss your views on parenting?
 - a. When the woman is pregnant
 - b. Shortly after getting married
 - c. While dating
 - d. Before becoming pregnant
 - e. Shortly after getting engaged
10. Imagine you have been up all night with a sick infant. You have gotten little or no sleep and you're tired. You are frustrated because you can't make the infant stop crying. What do you think is the best way to handle your frustration?

Fetal Alcohol Spectrum Disorder

Circle the correct multiple choice answer, or circle true or false

- 1 FASD is the leading preventable cause of mental disabilities in the United States
True False

- 2 FASD is when a baby is born intoxicated or addicted to alcohol.
True False

- 3 FASD affects at least 1 out of every _____ birth
a 1000 c 750
b 5000 d. 25

- 4 When was FAS first defined?
a. 1953 c 1973
b. 1963 d 1983

- 5 How many drinks are safe for a woman to consume while pregnant?
a 5 per day c no hard liquor, but beer and wine are safe
b 2 per day d there is no safe level of drinking while pregnant

- 6 One of the possible effects of FAS is:
a Abnormally small dead c. mental disabilities.
b. Short attention span d all of the above

- 7 Birth defects can result when the mother drinks during which trimester of her pregnancy?
a. Only the first trimester c any of the trimesters
b First and second d. only the third trimester

- 8 Sperm damaged by alcohol use can cause a miscarriage or low birth weight in infants.
True False

9. Alcohol consumption by the father prior to conception can damage a man's sperm
True False

10. A fetus suffers the effects of drugs and alcohol for the same amount of time as the mother.
True False

- 11 Children with FASD can be cured
True False

Calculating the Cost of Feeding an Infant

Using the information and equations below, calculate the cost of using formula for each three-month period. Then add those four numbers together to get the cost of using formula for the first year of an infant's life.

Average cost of one 32 oz. can of liquid ready-to-use formula: \$8.00

Average intake of formula per day at:

1-3 months.....15 ounces

4-6 months.....25 ounces

7-9 months..... 30 ounces plus cereal, etc

10-12 months..... 32 ounces plus cereal, etc

Calculate the cost of formula for each 3-month period:

1-3 months _____ ounces per day x 90 days = _____ ounces per 3-month period (transfer to next line)

_____ ounces per 3-months / 32 oz per can = _____ cans of formula (transfer to next line)

_____ cans of formula per 3-month period x \$8 00 per can = \$_____ **for months 1-3**

4-6 months _____ ounces per day x 90 days = _____ ounces per 3-month period (transfer to next line)

_____ ounces per 3-months / 32 oz per can = _____ cans of formula (transfer to next line)

_____ cans of formula per 3-month period x \$8 00 per can = \$_____ **for months 4-6**

7-9 months _____ ounces per day x 90 days = _____ ounces per 3-month period (transfer to next line)

_____ ounces per 3-months / 32 oz per can = _____ cans of formula (transfer to next line)

_____ cans of formula per 3-month period x \$8 00 per can = \$_____ **for months 7-9**

10-12 months _____ ounces per day x 90 days = _____ ounces per 3-month period (transfer to next line)

_____ ounces per 3-months / 32 oz per can = _____ cans of formula (transfer to next line)

_____ cans of formula per 3-month period x \$8 00 per can = \$_____ **for months 10-12**

\$_____ **for one year**

Extra Credit: Write a paragraph comparing the time, cost, and health benefits of breastfeeding versus bottle feeding



Name: _____

Class period: _____

Write true or false (Rewrite each false statement to make it true.)

- 1 _____ Certain types of formula are exactly the same as breast milk.

- 2 _____ A mother has to choose between *only* breastfeeding or *only* bottle feeding

- 3 _____ Breastmilk is good for a baby's immune system

- 4 _____ Formula is more easily digested than breast milk

- 5 _____ On average, breastfed babies are sick less often than bottle fed babies

Use complete sentences to answer.

- 6 How can breastfeeding soothe a baby? _____

- 7 List three illnesses breast milk can protect against _____

8. List two benefits of breastfeeding for the baby _____

- 9 List two benefits of breastfeeding for the mother _____

- 10 List two reasons some mothers may bottle feed their babies _____

Fill in the blank

Use the following words:

stove, iron, soy, colostrum, sucking, one year, powder, concentrated, ready-to-use, 24, microwave

- 11 For the first few days after birth, breast milk is called _____.
- 12 Sometimes an infant does not breastfeed because he/she has a poor _____ reflex
- 13 Cow's milk is not recommended until after the infant is _____ old
- 14 Cow's milk, goat's milk, or _____ are the basis for most formulas
- 15 Formula should be _____-fortified to prevent anemia
- 16 Formula can be found in _____, _____ liquid,
and _____ liquid forms
- 17 Ready-to-feed formulas must be used within _____ hours of opening
18. The best way to heat formula is on a _____, not in a _____

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The Baby Think It Over® Program with RealCare® Baby II
Unit Four: Infant development and care





Name: _____

Class period: _____

Fill in the blank.

- 1 An infant is in the womb for three, three-month periods of time, called _____.
2. An infant has about _____ brain cells when it is born
- 3 The fluid surrounding a fetus in the womb is called _____
4. The heart starts beating during the _____ trimester.
- 5 The _____ and _____ cord are two of the first things to develop in an embryo

Write true or false.

- 6 _____ Every child is able to do the same things at the same time
7. _____ Most brain development occurs before an infant is born
8. _____ Once a brain connection is made, it stays in the brain for the rest of the child's life
- 9 _____ Talking to an infant helps him make language connections in his brain
- 10 _____ Never doing the same activity twice is a good way to build brain connections

Baby Layette Project

We will be planning a baby's room, layette and essential items for the early months of life. You may use the internet, use store ads, catalogues and actually shop to help you determine the prices. **There is no price limit on this project, I want you to see how much it would really cost to buy everything new for a baby.**

You are to include the name of the item, the store where purchased and the price. If you are purchasing several of one item please total **50 points**

Set up your layette buying plan as follows

Quantity	Name of item	Place of purchase	Cost ea Item	Total* Cost
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*Quantity x Cost ea item = total cost per item

Total amount spent on all items _____

Complete the attached sheets

Hand in

A list of items and cost per item and total for items that multiple are needed. Calculate total cost of all needs.

Essential Items suggested to buy

Diapering Needs

- Disposable diapers (newborn size) –2 bags should get you started
- Cloth diapers (at least a dozen to use as “burp rags”)/or 12 Burp Cloths
- 6-10 baby washcloths
- 3-4 baby towels
- Diaper rash ointment
- Covered diaper pail
- Diaper Pail trash bags (if needed)
- Clothesbasket or hamper

Clothing

- 6-8 undershirts or onesies
- 4-6 one-piece footed sleepers
- 4-6 gowns
- 6 cotton receiving blankets
- 1 warm outer wrapping blanket
- 1 sweater and cap set
- 1-2 hats or bonnets

- several gender appropriate clothes (dresses, pants and tops etc)
- 1 Sleeping bag or fleece pajamas
- Pram/Bunting/Snowsuit/Winter Jacket
- Mittens (optional)
- Seasonal clothes (as needed)
- Other

Feeding Equipment

- 6-8 bottles (8-ounces) if the baby is bottle-fed
- 2-3 large bottles if breast-fed
- 2-4 small bottles for juice or water
- Bottle refills if using disposable
- Breast pump and pads if breast feeding
- Plastic storage bottles for freezing breast milk
- Bottle nipples (3-4 extra)
- Bibs
- High Chair
- Formula (check price and record cost per container)
- Baby Food (check on price per jar of various types, i.e. fruit, vegetables, meats, combinations)

Bedding/Bedroom

- Crib
- Bassinet/Cradle (optional)
- 4 fitted crib sheets
- Waterproof mattress cover
- 2-4 absorbent pads
- Comforter
- 2 lightweight blankets or spreads
- Baby chest
- Changing Table
- Diaper Stacker
- Wastebasket

Bedroom (non-essentials)

- Dust ruffle
- Growth Chart
- Lamp
- Mobile
- Night Light
- Picture Frames
- Plush Toys
- Wall Hangings
- Window Valance/Curtains
- Rocking Chair
- Other items as desired

Bath and Other Supplies

- Baby bathtub
- Baby soap
- Baby shampoo
- Several soft washcloths
- 2 soft cotton bath towels
- 2 or 3 Hooded bath towels
- Cotton balls
- Baby lotion
- Baby scissors
- Thermometer
- Q-tips
- Baby Wipes
- Other toiletries

Travel Equipment/Other Needs (optional unless specified required)

- Diaper bag (required)**
- Infant car seat (required)**
- Stroller (required)**
- Baby Jumper
- Baby swing
- Baby walker
- Baby Exercise Saucer
- Portable Crib
- Record Book
- Safety Gates
- Parenting magazines
- Parenting books
- Other

Anything else your baby needs and your heart desires for you baby!!!!

- College fund
- Savings bond
- Baby wipe warmer

Quantity	Name of Item	Store	Cost each	Total Cost

Total spent on nursery and layette _____